The background of the entire page is a vibrant cosmic scene. It features a deep purple and blue gradient, speckled with numerous small, bright white stars. A prominent feature is a large, glowing nebula or cloud of gas, rendered in shades of pink, magenta, and red, which appears to flow across the middle of the frame. The overall effect is that of a vast, colorful universe.

COSMIX INNERSPACE LASER SESSION

GETTING STARTED GUIDE

KAMMIEK.COM

welcome

Thanks for purchasing a Cosmix Innerspace Laser Session! I can't wait to connect with you.

In this guide, you'll find everything you need to know before we start our Marco Polo video messaging session.

Read it carefully and I'll see you on MP real soon!

01.

GET THE APP



If you don't already have the **Marco Polo** app on your smartphone or tablet, you'll need to grab it from your device's app store.

PRO TIP: If you have the app already, make sure you have the latest version to ensure you have access to all features and debug updates. You can check to see if there is an update available in your device's app store.

02.

ADD ME

Open your Marco Polo app and follow all the steps to set it up. Once you're in, you'll likely have suggestions for contacts of people you already have in your device's contact list.

To find me, however, you'll need to enter this link from a browser on your device:

[MARCOPOLO.ME/S/KAMMIE-K9](https://marcopolo.me/s/kammie-k9)

03.

YOU MARCO ME

You're ready to send your first video message to me!

Your first message should be about 15 minutes long. Because we are limited to 60 minutes total, it's best to focus on ONE core challenge or question.

TIPS FOR A GOOD SESSION POLO

***Tell me about you.** Where are you located? How did you find me? What made you schedule a session?*

***Describe your core challenge.** Where are you feeling stuck? What outcome are you hoping for as a result of our coaching session?*

***Ask me any questions.** Unsure about next steps? Ask! Want me to pull a card in my next message? Let me know!*

04.

I'LL POLO YOU

I'll respond to your message, usually within 24-48 hours (weekends and holidays may affect my response time).

My response will be about 15 minutes long. I'll help you unpack your challenge and guide you toward next steps. If you've asked me to pull a card, I will do that for you during this message and walk you through what it might mean for you and your situation.

I'll ask you any questions I might have to get further clarity on your challenge so I can be of the highest service to you during our time together.

05.

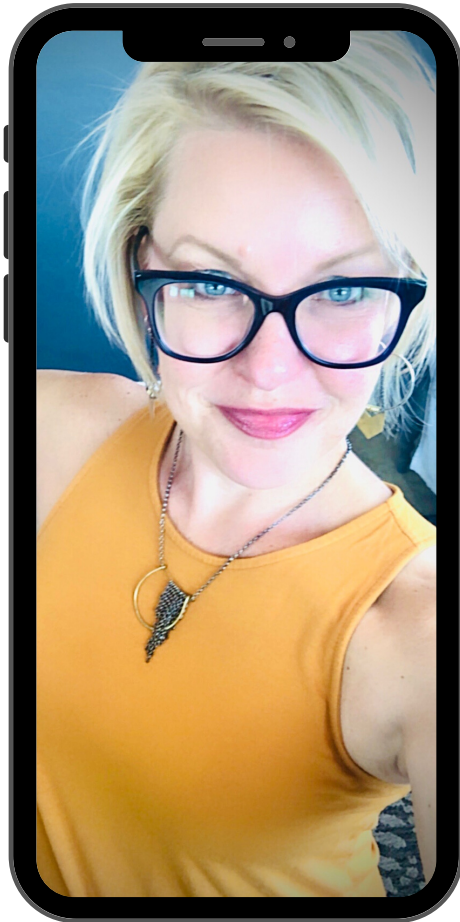
WE VOLLEY

We'll repeat steps 3 and 4 until we hit our 60 minutes of time!

I will send you a follow-up email when we wrap up to give you any final thoughts and ask for your feedback on how I might improve future Laser Sessions.

If you'd like more time with me to discuss the same challenge or a different one, you can always purchase another Laser Session (if there are any left!), or you can book a live one-on-one coaching session. I offer a 75-minute **Cosmix Innerspace Jam Sesssion** that you can [*schedule right from my website.*](#)

I LOOK FORWARD TO
CHATTING SOON!



XO,
KK